

Heiracle Ring Size Guide

A simple way to find the size that feels right.

How to Measure Your Ring Size

Wrap a narrow strip of paper or a piece of string around the base of your finger. Keep it snug, not tight. Mark where the ends meet, then lay it flat and measure the length in millimetres. Match that measurement to the finger circumference chart below.



US Ring Size Chart

US SIZE	INSIDE DIAMETER	FINGER CIRCUMFERENCE
4	14.9 mm	46.78 mm
4.5	15.3 mm	48.04 mm
5	15.7 mm	49.29 mm
5.5	16.1 mm	50.55 mm
6	16.5 mm	51.81 mm
6.5	16.9 mm	53.06 mm
7	17.3 mm	54.32 mm
7.5	17.7 mm	55.57 mm
8	18.1 mm	56.83 mm
8.5	18.5 mm	58.09 mm
9	18.8 mm	59.03 mm
9.5	19.2 mm	60.28 mm
10	19.6 mm	61.54 mm
10.5	20.0 mm	62.80 mm
11	20.4 mm	64.05 mm
11.5	20.8 mm	65.31 mm
12	21.2 mm	66.56 mm

If your measurement falls between two sizes, choose the larger size for a more comfortable fit.

Returns follow our existing policy; return shipping is paid by the customer.

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International Size Chart

Compare your US size with common international sizing systems.

DIAMETER (mm)	CIRCUMFERENCE (mm)	US / CANADA	AUSTRALIA / UK / IRELAND	EUROPE	SPAIN / ITALY
14.9	46.78	4	H	46.5	7
15.3	48.04	4.5	I	48	8
15.7	49.29	5	J.5	49	9
16.1	50.55	5.5	K.5	50.5	10.5
16.5	51.81	6	L.5	52	12
16.9	53.06	6.5	M.5	53	13
17.3	54.32	7	N.5	54.5	14
17.7	55.57	7.5	O.5	55.5	15.5
18.1	56.83	8	P.5	57	17
18.5	58.09	8.5	Q.5	58	18
18.8	59.03	9	R.5	59.5	19
19.2	60.28	9.5	S.5	60.5	20
19.6	61.54	10	T.5	62	21.5
20.0	62.80	10.5	U.5	63	22.5
20.4	64.05	11	V.5	64	24
20.8	65.31	11.5	W.5	65.5	25
21.2	66.56	12	X.5	66.5	26.5

International size names may vary slightly between brands. Use your measured finger circumference as the primary reference.

Available range

US 4 through US 12, in half-size increments.

Can't find the right size?



Contact us before ordering and we will help you compare your measurement with the chart: hello@heiracle.com

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